

Arterial bypass Post-Op Instructions

You will feel tired and fatigue easily for several days to weeks following your bypass surgery. Gradually increase your activities; leisurely walking is a safe exercise. Resume your regular diet. It is normal for your leg to feel tight and sore. Use the pain medication as prescribed.

- All smoking must be stopped
- Resume all pre-hospital medicines, unless otherwise instructed
- No lifting more than 5 lbs.
- No driving until cleared by the doctor
- Shower daily and wash wounds with warm, soapy water
- Contact us for increasing pain, redness, drainage or swelling at the incision sites
- Please follow up at the scheduled office visit

Atherosclerosis is a progressive disease. Regular office visits and ultrasound examinations are critical in providing you the best medical care.

Contact our office with any questions or concerns (740-455-4944)