

Carotid Endarterectomy Post-op Instructions

You will feel tired for several days following your carotid surgery. Gradually increase your activities; leisurely walking is a safe exercise. Resume your regular diet. It is normal for the neck to be stiff and sore. Use Tylenol for the discomfort.

- All Smoking must be stopped!
- Resume all pre-hospital meds, unless otherwise instructed
- Do not lift more than 5 lbs.
- No driving until cleared by the doctor
- Shower daily; wash incision with warm soapy water
- Leave steri-strips alone until they peel off by themselves
- Be careful shaving (use an electric shaver if possible)
- Contact us if the wound drains, swells or becomes red.
- Please follow-up at the scheduled office visit

Atherosclerosis is a progressive disease. Regular office visits and ultrasound examinations are critical in providing you the best medical care.

Contact our office with any questions or concerns (740-455-4944)